

# **WHS Athletics- Spring Sport Participation**

In order to participate in a Spring Sport at WHS the following steps must be completed by 3/9/15.

**Step 1:** Parents and students must read [the WPS Student Athlete Handbook found on the Athletics Website.](#)

**Step 2:** Parents and students must be take part in concussion education, please see the section below.

**Step 3:** Parents and student must register on line at the WHS Athletics Webpage by 3/9/15. By registering online, parents and students provide your consent to participate in athletics, your acknowledgement of our WPS Student Athlete Handbook, and your acknowledgement that you have been provided concussion education materials. Click [Here for a link to the Athletics Website.](#)

**Step 4:** Submit a valid physical to the WHS nurse. Physicals are valid for 13 months from the date of the exam– students with expired physicals will be ineligible to participate until a current physical is submitted. Do not assume a copy is on file. It is the student's responsibility to make sure one is handed in. Click [here for a memo regarding the new physical exam rules.](#)

**Step 6:** Take ImPact Test, [instructions are here.](#) ImPact must be taken once per school year. Every athlete MUST have an ImPact test on file this academic year. If you took one in the fall, you DO NOT need to take another.

First days of tryouts/practices are Monday, March 16<sup>th</sup>, 2015. Coaches will provide exact locations and times.

**Activity fees of \$200.00 will be billed after the first week of the regular season. If you have an outstanding balance in your account, students will NOT be allowed to tryout in the fall. [Please click here for a memo regarding activity fees.](#)**

## **Concussion Education:**

Based on a new Mass State Law, the DPH has regulated that all parents and student athletes be educated regarding the risks associated with concussions.

A copy of the full State Law can be downloaded [HERE.](#)

All parents are encouraged to take the free NFHS concussion education course provided [HERE.](#)

Other resources can be found in the Important Documents link to the left, or you can visit the CDC website at <http://www.cdc.gov/concussion/sports/index.html>

